

## Practical Spiritual Energy-Work (Shen-Gung) # 3

ANNOUNCING: Practical Spiritual Energy-Work (Shen-Gung), #3 !!!      WHEN:      10am - 5pm (lunch not included)  
Saturday September 23rd      WHERE:      Joe Crandall's House

HOW MUCH:      \$50 (\$40 for Returning Attendees &/or Clients)

CD's of last Seminar available for \$10 (Discount! Regularly \$15)      Please RSVP because this Seminar is limited to 15 people!!      Seminar Curriculum:

- The 5 Practical Techniques for Spiritual Awareness, Clarity, & Protection
- Intro (beginners) -&- Review (returning attendees)
- Grounding Cord (the 'Fundamental Tool')
  
- Running Energy
- Center-of-Head
- Create & Destroy
- Amusement / Neutrality / Permission
  
- Advanced Practice
- 2-person work
- Optional: Extended Personal Feedback from the Instructor
- Reading / Interpreting Energy
- Being "Lit-up" & Maintaining your Space
- Reading Intent
- Reading Blockages
- Simple, Practical Self-Reading, & Making Separations ...& then pick either "Healing" or "Functional" Emphasis...
  
- Healing Emphasis
  
- Practical Aura & Chakra healing
- Hands-On Healing
  
- Clairvoyant Healing
- Healing Yourself
- Cleaning-Out after a Healing (How not to "Give it All Away")
  
- Functional Emphasis:
  - Maintaining your Awareness while Moving
  - Maintaining your Space while under Duress
  - Non-strategic Attacks: Maintain your Space while you Move, under Duress
  - Energy Attacks & How to Receive
  - "Finishing the Fight"
- Useful Information:
  - Read about last Seminar here.
  - Hear a snippet of last Seminar here.
  - Online "Grounding Cord" meditation here.
  - Learn more about the Instructor Dave A. Anselmi & the School of Practical Mysticism here.      See you on September 23rd!!

Dave A. Anselmi  
Director, School of Practical Mysticism