

What is 'Healing' ?

Healing is a good thing, right? I mean, we've all come-to-grips w/ the 'hippy/dippy' label we get plastered with, usually about 10 milliseconds after we say words like 'energy', 'grounding', 'processing', or even 'wellness'. So what's 'healing' to a psychic/mystic? Conscious healing is a good thing—instead of just looking at an energy, or saying-what-we-see (ie, 'reading'), when we heal we actually go-in & change-what's-there. And as long as we're grounded, neutral, blowing our matching pictures, & (esp.) have the healee's permission—healing is great, wonderful, the-best! But what about unconscious healing? Unconscious healing occurs when a foreign energy gets in our space, & for whatever reason we don't clear it. Pretty-soon, our mind (the perfect 'rationalizing' mechanism) starts to 'make excuses' for that energy, & we start to take it for granted. Ie, 'bend ourselves outta whack' to make that energy feel 'at-home'. And so we take-on problems not our own, running-in-place but not feeling like we're getting anywhere, & feeling really frustrated but 'don't know why'. Does any of that sound familiar? The first step to disengaging from unconscious healing agreements, is grounding . Sit-back, take a few moments to clear your space, & drop that [person, place, or thing] down your grounding cord. Fill-in with a gold sun . Congratulations. Welcome back.