

The Book

Psychic Growth: Vol.1 Basic Tools & Practices is a handbook for Seekers-of-Truth who wish to have some measure of control over their spiritual growth.

This book (and its sister, Psychic Growth Vol.2: Advanced Concepts & Practice), are the culmination of ten years of intensive practice & teaching by Rev. Dave. Please [click here](#) and request to put yourself on our Mailing List, so you can be notified when the book comes out! What is this Book, & What Does it Mean for Me?

There are a hojillion meditation books out there now. This is a far cry from the mid-80's, when the only thing you could find was abstruse descriptions of hoary practices in long-ago Tibet... written as fiction, to boot! Now, many meditation books don't just 'talk about it', they refer to actual, useful techniques! And most importantly, you can now find books which do a great job teaching those techniques. So instead of a 'search' for something to study, now many Seekers are searching for some perspective, & some certainty about what to study! (as well as how to deal with any issues that arose in their previous practices.) Psychic Growth: Vol.1 Basic Tools & Practices is specifically designed to Answer these questions, & more. Consider it a Handbook for your year-long intensive spiritual training; but with this book in-hand, you can set your own pace. It doesn't matter whether you work on it intensively, or take a more gradual approach — the Lessons are the same, as are the growth periods. The core of this Training is:

- Running energy is the main tool to Find your space,
- Psychic reading is the main tool to Work your space, -and-

'Growth Periods' are cyclical, & have specific 'best-practices' you can follow to minimize all the drama "Well", one might ask. "That all sounds great... but seems like a bit of work. I'm a pretty busy person... where would I find the time for all this, anyway?" Good question! Here's a few good Answers (see if either of the following concerns sound familiar):

"I don't have enough time to meditate"

Well, it turns out-- if you only practice meditating 15 minutes a day, you'll save 2 hours (an 8-fold efficiency; if you think in those terms) from confusion, false starts, upsettedness, and/or distraction-by-trivia...

"Meditation sounds too airy-fairy; gimme something practical"

Actually, every single concept in Psychic Growth Vol.1 has a corresponding simple & clear technique for you to experience it directly, right there as you read. And then when you're ready, you'll find more & more advanced techniques to try, as well as: guidelines for practice, tips, tricks, gotcha's, & next-steps. Imagine if you found out you could do the following; by yourself, without long (& costly) stays on a shrink's sofa or hypnotherapist's chair?

- Heal yourself
- Reclaim lost energy

- Put past [troubles] to rest
- Activate your intuition
- Activate your creativity
- Find/Own your Own Truth
- Help choose which modality to practice, amidst the multiplicities out there
- Know how-long to practice, what to practice, & when

- Develop a Sense-of-Self, of Place, of Purpose; of Truth, elation, euphoria, Home ...all of these accomplishments are very possible, to one who knows how to 'work psychic energy'. Here, finally in book form, is a course-of-study which will start you on your Path to all of these things, & more! Psychic Growth: Vol.1 Basic Tools & Practices is currently being completed, with a target publishing date of December 2006. Please [click here](#) and request to put yourself on our Mailing List, so you can be notified when the book comes out!