

## About Us

The School of Practical Mysticism is a place where you can learn how to discover your own Spiritual Truth for yourself. We use the Lewis Bostwick Method, starting from "psychic kindergarten" & quickly moving into advanced topics, all while keeping our Amusement. We love exploring all the myriad details of how Spirit (ie. spiritual energy) works in our lives, & integrating that understanding with a robust body-being communication. When one works these levels, we've found that you naturally experience a profound sense of self-fulfillment... which 'bubbles-out' thru your life's goals, work, relationships, & creativity. Come join us as we explore & further understand how Spirit works for each of us!

Director: Dave A. Anselmi is a trained psychic who has given over a thousand readings, and is a long-time teacher of Taoist Internal Arts (including T'ai Ch'i, Ch'i Gung, etc). Graduating from the Berkeley Psychic Institute in 1996, he has been teaching Clairvoyant Students in several psychic institutes for many years. He has also been an Internal Martial Arts instructor since 1993. Thus coming from a strong foundation in internal body-being, Dave enjoys applying that unique wholistic perspective to our Psychic/Spiritual Practice, and thereby helping people create a better integration between their body, mind, & spirit.