

## T'ai Ch'i - Shen (Spiritual) Energy Seminar!!

Rev. Dave will be holding a 6-hour spiritual energy seminar on February 11th!

This seminar (second in a series) will cover the basic psychic energy tools, emphasizing direct hands-on experience. Each of the participants will spend most of the seminar in 1-on-1 work with multiple fellow practitioners, under the tutelage of Rev. Dave. The students will build-up their confidence, certainty, & fluidity with the tools under various situations, with the purpose of moving past a 'mental' familiarity of 'having-your-space', to making it an active, robust positive habit.

The participant in this Seminar will achieve a level of practical experience with these tools that usually takes several months in 'normal' psychic classes.

Suggested donation is \$50. Space is limited to ensure maximum personal feedback for the students from the Instructor.

Please Call 510-541-0374 to reserve your space now!

WHEN / WHERE: 10am - 5pm (1hr break for lunch)Smiling Tiger Martial Arts

WEAR:

Please wear comfortable clothing. The class will incorporate as much body motion as you feel comfortable doing.